



Received: 13-05-2022

Accepted: 23-06-2022

International Journal of Advanced Multidisciplinary Research and Studies

ISSN: 2583-049X

The Effect of Problem-Based Learning on Students' Critical Thinking Skills in Building Construction in Vocational Training Schools in Fako Division of the South West Region of Cameroon

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Abstract

The purpose of this study was to investigate the effect of Problem Based Learning (PBL) on Students Critical thinking Skills in Building Construction in Vocational Training Schools in Fako Division. The study was guided by a specific objective which is to investigate the effect of Problem-Based Learning on the critical thinking skills of male and female students. A hypothesis was deduced to guide the study. The study adopted a mixed methods research approach. The sequential explanatory research design was used. Five instruments were used in this study: a test and questionnaire were used to collect the main data from students while an interview guide, an observation checklist and documentary analysis were used to collect supporting evidence from the teachers, students and Vocational training Institutions respectively. The instruments were validated by two Heads of Department for Building Construction, an Educational Psychologist, a Data Analyst and two Supervisors who checked on the accuracy, content and adequacy of the instruments. The reliability of the test (0.880) and questionnaires (0.878) were tested using the Cronbach Alpha formula and the overall coefficient

value stood at 0.880. The reliability of the interview and observation guide were ensured through key Informants. The population of the study was made up of 6 Vocational Training Schools in Fako Division consisting of 750 students and 73 teachers. A purposive sampling technique was used to obtain the sample of the study that was 120 students and 4 trainers (124 participants). The quantitative data collected were analysed using descriptive (mean and standard deviation) and inferential (independent Sample T-test) statistical tools. The results showed that the critical thinking mean achievement score for both the male (36.26) and female (34.41) final year students taught using the PBL approach did not significantly differ by gender. Based on the above results, the following recommendations were proffered; teachers should implement PBL in training their students. School administrators should ensure the strict and regular supervision on the implementation of Problem-Based Learning. Finally, the Ministry of Employment and Vocational Training should supply the much-needed material and financial resources to ease the implementation of PBL.

Keywords: Problem Based Learning, Competences, Building Construction, Vocational Schools

1. Introduction

Do you ever ask yourself, when you're teaching, how much are my students taking in; is there a better way to learn the same material; are they really learning to think for themselves and developing skills that will be useful later in life; or one of the worst questions how much will they remember after the test or examination? These are questions often asked by academics and they point to recurrent challenges across disciplines, programs and semesters of teaching (Cotton, 2011). Because all of this, in the learning event, learning approaches that show how to reach information sources, how to obtain knowledge, how to evaluate knowledge and how to acquire knowledge through life experiences, how to enhance skills of thinking and use it in problem solving can be applied. One of these learning approaches is called problem-based learning. Problem-based learning (PBL) was first implemented in a medical education curriculum by Toronto's McMaster University in the late 1960s. It is an innovative instruction strategy, which are student centered and not teacher oriented like classroom teaching. PBL is a learner-centered educational method, which learners are progressively given more and more responsibility for their own education and become increasingly independent of the teacher for their education. PBL produces learners can continue to learn on their own in life and in their chosen careers. The responsibility of the teacher in PBL is to provide the educational materials and guidance that

facilitate learning. PBL is based on real world problems. Many argue that PBL is a powerful and engaging learning strategy that leads sustained and transferable learning (Jones *et al.* 1996 and Stepien *et al.* 1993). PBL fosters the development of self-directed learning strategies, enhance student 'critical thinking and make it easier for students to retain and apply knowledge to new or unfamiliar situations. PBL deviates from conventional instructional mode by restructuring traditional teacher/student interactions toward active, self-directed learning by the student (Evensen & Hmelo 2000 and Maxwell *et al.* 2001). PBL as a pedagogical approach that has been proposed as a solution to address the challenge of producing nurses that are critical thinkers, life-long learners, and more equipped to handle the challenges of their ailing communities. Offers an innovative and engaging learner-centered approach enhancing nursing student's ability to think critically (Choi, 2004). PBL is implemented to engage the students in active learning. As principles for good practice in undergraduate education, presents students with a problem or situation to apply previous knowledge and acquire new knowledge. It has been recognized as an instructional method to increase motivation for learning, empower learners to conduct research, integrate theory into practice, and apply knowledge and skills to develop a viable solution to a defined problem (Savery, 2006) PBL is challenging, and enjoyable learning approach that has resulted from the process of working towards understanding or resolving a problem. PBL pedagogy, promotes learning through the concept of 'learning by doing', which creates an opportunity for students to learn by experiencing the process of problem solving. The teacher in PBL acts as a facilitator and responsible to monitor students' progress, stimulate their meta-cognition, sets the tone and plays a major role in setting group norms conducive to learning. In early work on PBL, the role of the facilitator was primarily to ask meta-cognitive questions such as "Why?" "How do we know that?" and "Is there anything else?" The facilitator was not advised to provide information or to directly evaluate student contributions. However, it is important for the facilitator to model reasoning with questions such as "Do you know what that means?" and "What are the implications of that?" By modelling this meta-cognitive approach, it is assumed that students will soon begin critically examining information in the same way (Wee, 2004). PBL operates in several major steps, as in the "Seven-jump" model (Maastricht PBL model). The steps can be summarized into three major stages namely; initial stage, PBL stage, and final stage (Masek & Yamin, 2010). In the first stage, the first activity involves a group formation, whether administratively or randomly assigning students into a small group during the first meeting session. The group is then presented with a PBL problem and they begin to analyze and understand the problem. Amongst the specific activities in this stage include; the formulation of learning objectives, identifying knowledge gaps, generating hypotheses, defining the learning issues and the concepts to be learned and this is mostly done by defining "what they know", "what they do not know" and further "what they need to know". In this case, the facilitator guides students to learn through the PBL process cycle (Hmelo-Silver 2004)^[123]. The PBL stage begins with students performing an independent self-study. Students are expected to master the knowledge that relevant to the problem to be solved. Then, students conduct a group brainstorming and discussion

session. They exchange and share their information with all the learning issues and hypotheses, and should reach an acceptable definition that is agreed upon by all members (Wee 2004). Meanwhile, the facilitator monitors the group's progress through direct observation and formative assessment. The direct observation involves coaching roles such as probing and questioning, in order to trigger students' meta-cognition. The facilitator then provides feedback immediately after formative assessment and always encourages students to keep up with self-assessment. In the final stage, students prepare for a project presentation and assessment during the last meeting session. Students partially present their proposal of solution. The facilitator evaluates students' work based on either group or individual presentation (Kolmos & Holgaard 2007). Optimizing patient care requires nurses to be expert clinical decision-makers and critical thinkers to recognize changes in patient conditions, to prioritize care, and provide effective nursing interventions (Jacobson *et al.* 2010). So, nursing and multidisciplinary college faculty enhancing student's success through improving critical thinking, student's knowledge acquisition, retention and to be independent learners. Thus, in the recent development of pedagogical approach, one new method that has been claimed promoting students' critical thinking ability is using problem-based learning (PBL) (Garcia & Pintrich 1992). This method is derived from constructivism and focuses on students' existing knowledge as a starting point in assisting them to construct and arrange new knowledge (Neimer *et al.* 2010). The students become an independent learner and critical thinker when they analyze, evaluate and synthesis information from a variety of sources and present their own justified interpretation. This is known as employing 'higher order thinking skills. Learning higher order cognitive abilities such as critical thinking (CT) has always been the ultimate goal of education (Spendlove 2008 and Sulaiman 2011). The concept of critical thinking in education was first discussed in the 1950's. In the past 20 years, nurse educators have come to realize the importance of critical thinking in nursing education despite a consensus on the definition of critical thinking. More recently, the NLN's expectation is that evidence of critical thinking be provided as an outcome of nursing education (National League for Nursing Accrediting Commission 2008). Although the word critical can mean to find fault or to criticize, critical thinking is not a negative activity, it is a process where you ask questions, challenge assumptions, examine claims, and identify alternatives or answers. A super-streamlined conception of critical thinking Robert H. Ennis, define (CT) as the identification and evaluation of evidence to guide decision making. A critical thinker uses broad in-depth analysis of evidence to make decisions and communicate his/her beliefs clearly and accurately. CT is reasonable, reflective thinking that is focused on deciding what to believe and do. Critical thinking is the thoughtful, deliberate process of deciding whether you should accept, reject, or reserve judgment about a particular idea. It is also a measure of your confidence in the idea itself. Use critical thinking whenever you make a decision, solve a problem, take an action, or decide what to believe (Ennis *et al.* 2005). CT has two major dimensions: cognitive skills and disposition skills. Cognitive skills related to student's ability to engage in activities such as analysis, inference, evaluation, explanation and self-correction to problems, decisions or judgments. While

dispositions are attributes or habits of minds integrated into students' beliefs or actions that are conducive to CT. Disposition skills also motivate students to use cognitive skills when engaging in higher order thinking such as problem solving, decision making and problem-based learning (Ennis *et al.* 2005). There are a variety of critical thinking disposition, namely: truth seeking, open mindedness, analyticity, systematicity, self-confidence, inquisitiveness and maturity (Facione *et al.*, 2000). An Understanding CT help student to be purposeful, self-regulatory judgment which results in interpretation, analysis, and evaluation, as well as explanation of the judgment is based. CT is essential as a tool of inquiry. As such, CT is a liberating force in education and a powerful resource in one's personal and life. The ideal critical thinker is habitually inquisitive, well-informed, trustful of reason, open-minded, flexible, fair-minded in evaluation, honest in facing personal biases, prudent in making judgments, willing to reconsider, clear about issues, orderly in complex matters, diligent in seeking relevant information, reasonable in the selection of criteria, focused in inquiry, and persistent in seeking results which are as precise as the subject and the circumstances of inquiry permit. Thus, educating good critical thinkers means working toward this ideal. It combines developing CT skills with nurturing those dispositions which consistently yield useful insights and which are the basis of a rational and democratic society (Rakhudu *et al.*, 2012). Effectiveness in vocational education should result in profound and deep understanding of the material being presented. This does mean that learners are being able to remember, repeat and retain information, as well as they have developed the skills that allow them to find and use this information and to expand their thinking abilities. Because the students were more likely to acquire and retain information when that information was rehearsed or used to solve problems. In studying the curriculum of a nursing program, knowledge acquisition and retention by vocational students is play a primary concern of vocational training instructors, because when you read a book or article about something new, you have two main concerns: Retaining the new knowledge you just acquired and being able to access the new knowledge efficiently later on. What are methods you folks use to annotate what you learn? Knowledge acquisition is one of the most common variables of interest in evaluating PBL effectiveness that can be measured in a specific manner. Knowledge can be specific according to concepts, principles, and procedures (Meitner *et al.*, 2005). Knowledge acquisition means the attainment of information due to instruction. Successful acquisition is measured by the amount of information the student is able to immediately recall based on predetermined learning objectives. Knowledge should extend beyond rote memory. For this study, knowledge acquisition is operationally defined as the score on a unit assessment administered after instruction (post-test). Knowledge retention means the maintenance of knowledge acquire through instruction for an extended amount of time. The amount of content retained signifies the level of thinking at which the student acquired the information. For this study, knowledge retention is operationally defined as the difference score on the unit assessment administered after instruction (follow-up post-test) (Anderson, 2007). While the importance of acquisition and retain of basic knowledge remains important as a fundamental goal in nursing education, the development of

critical thinking has emerged as equally important to support nurses to solve problems effectively, and to provide the most appropriate intervention which will enhance the quality of care (Clifford *et al.* 2004). Can we find a balance with instructional strategies that facilitate the acquisition of basic knowledge yet develop and nurture critical thinking? So, the intention of this study to examine the impact of problem-based learning on students' critical thinking dispositions, knowledge acquisition and retention.

1.1 Research objective

To investigate the effect of Problem-Based Learning on the critical thinking skills of male and female students of Building construction of Vocational Training Schools of Fako Division of the South West Region.

1.2 Research question

What is the effect of Problem-Based Learning on the critical thinking skills of male and female students of Building construction of Vocational Training Schools of Fako Division of the South West Region?

1.3 Research hypothesis

Ho₂: There is no significant difference in the mean score of male and female critical thinking skill when taught using PBL in Building Construction of Vocational Training Schools of Fako Division of the South West Region in Cameroon.

Ha₂: There is a significant difference in the mean score of male and female critical thinking skill when taught using PBL in Building Construction of Vocational Training Schools of Fako Division of the South West Region in Cameroon.

2. Research design

A sequential explanatory research design was adopted for this study.

2.1 Area of study

This study was carried out in Fako Division of the South West Region of Cameroon.

2.2 Population of the study

The population of the study consisted of 750 students and 73 teachers giving a total of 823 students and teachers of vocational training schools (Government, Para-states, Denomination and Private) in Fako Division of the South West Region. The target population of this study was 650 students and 63 teachers amounting to 713 students and teachers 'of government and Para-states owned Vocational Training Schools in Fako Division of the South West Region. The accessible population of this study comprised of 550 students and 45 teachers of COIC-Buea and AVTC-Limbe given a total of 595 students and teachers of both gender offering the Setting out and elevation courses in Building Construction and the sample size of this study was made up of some selected 120 final year trainees and 4 teachers who were purposively selected from the Building Construction Department of two Vocational Training Schools which were COIC-Buea and AVTC-Limbe in Fako.

2.3 Sampling techniques

The study employed a purposive sampling technique.

2.4 Instruments for data collection

Five main instruments were used to collect data in the study which were: a Likert scale structured questionnaire (for the students), a Test (pre-test and post-test for the students), an interview guide (for the teachers), an observation Checklist for the practical test for the students and documents from Vocational Training Ministries and Institutions.

2.5 Data collection methods

The Researcher obtained an authorization from the Head of Department for Curriculum Studies and Teaching in the Faculty of Education, Department of Curriculum and Teaching from the University of Buea and took it to the Directors of COIC-Buea and AVTC-Limbe. The Directors on their part sent the Researcher to the Head of Department for Building Construction. For the Test, the Researcher used the first two weeks to book an appointment and also teach the trainers of the Department for Building Construction in the PBL approach. After teaching the trainers of Department for Building Construction in the PBL approach, the trainers then gave a pre-test to the students after which the marks were collected and kept. The trainers then taught the students for one month (twice every week). The experimental group (COIC-Buea students) were taught Setting out, foundation and elevation using PBL mean while the students of the control group (AVTC-Limbe students) were taught using the Traditional Learning Approach. At the end of the teaching a post-test (BCCAT) constructed in PBL was given to both the control and experimental groups and the marks saved and given to the researcher.

The observation of the students during practical while carrying on the test was done by the researcher, the research assistant and the trainers of Building Construction and at the end all scores were handed to the researcher meanwhile the researcher conducted the interview to the trainers.

Pertaining to the questionnaire, after the quasi- experiment was over, the researcher took out time again to teach the PBL strategy to the group of the final year students of building construction that were used as a control group in the quasi- experiment. This was to bring all the final year students at the same level of comprehension of the PBL approach process so that they all could answer the questionnaire without bias. After the teaching, the questionnaire was given to the students to take home and have ample time to answer. The researcher collected the answered questionnaire the next day.

2.6 Method of data analysis

The qualitative and quantitative methods were used in analysing the data for the study. The quantitative data were analysed using the descriptive and inferential statistical tools mean while the qualitative data were analysed using the thematic analysis approach.

3. Results

Research question: What is the effect of Problem-Based Learning on the critical thinking skills of male and female students' in Building construction of Vocational Training Schools of Fako Division of the South West Region?

Table 1: Comparing the Mean Achievement Score on the Critical Thinking Skills of Male and Female Taught Using the PBL

Gender		Analyze the work processes of setting out and elevation	Reflect on the use of necessary tools, equipment or machine involve setting out and elevation	Apply and synthesize the process of setting out a foundation and the elevation of a building	Evaluate your elevation using a five-point scale	Total test score
Male	N	38	38	38	38	38
	Mean	7.01	7.31	18.51	3.44	36.26
	Minimum	6	7	16	3	32.00
	Maximum	10	10	23	5	48.00
	Std. Error of Mean	.358	.276	.522	.154	.62702
	Std. Deviation	2.205	1.701	3.221	.951	5.17058
Female	N	12	12	12	12	12
	Mean	6.78	6.69	17.77	3.18	34.41
	Minimum	5	5	15	2	27.00
	Maximum	9	9	21	4	43.00
	Std. Error of Mean	.429	.582	.993	.271	.69830
	Std. Deviation	1.485	2.015	3.441	.937	3.95017

Comparing the mean achievement score of the critical thinking skill of male and female final year trainees in Building Construction, based on the ability to analyze the work processes of setting out and elevation of a building, the results show that, the critical thinking skill of the male mean score of 7.05 ± 0.358 while that for the female is 6.75 ± 0.429 . Based on the reflection of the use of necessary tools, equipment or machine involve in the setting out and elevation of a building, the results also show that the mean achievement score for the critical thinking of the male students is 7.39 ± 0.276 while that for the female students is 6.67 ± 0.582 .

Furthermore, based on the application and synthesis of the

processes involved in the setting out and elevation of a building, the results equally show that the mean achievement for the critical thinking skill of the male students is 18.71 ± 0.522 while that for the female students is 17.75 ± 0.993 .

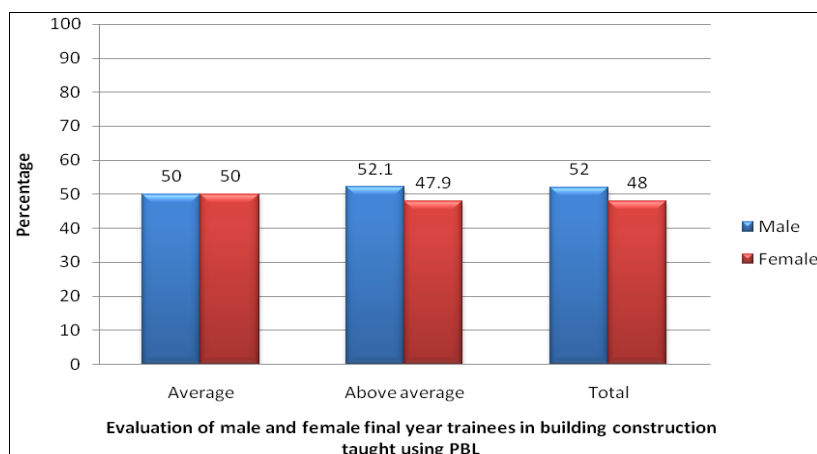
Finally, based on the evaluation of the elevation using a five-point scale, the results show that the mean achievement score for the critical thinking skill of the male students was 3.47 ± 0.154 while that for the female students was 3.17 ± 0.271 . In conclusion, the results of the Post-test on setting out and elevation shows that the mean achievement score for the critical thinking skills of male students is 36.26 ± 0.62702 while that for the female students is 34.41 ± 0.69830 .

Table 2: Evaluation of the Student Critical Thinking Achievement Score Taught Using PBL by Gender

			Gender		Total
			Critical Thinking Skill -Male	Critical Thinking Skill Female	
Evaluation	Average	n	1	1	2
		%	50.0%	50.0%	
	Above Average	n	25	23	48
		%	52.1%	47.9%	
Total		n	26	24	50
		%	52.0%	48.0%	
a. Method = Problem Based Learning (PBL)					

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Chi-Square Test=6.597, df=1, P=0.010< 0.05

**Fig 1:** Evaluation of the Critical Thinking Skills of Male and Female Final Year Trainees in Building Construction Taught using PBL

Evaluation of the critical thinking skills of male and female final year trainees in building construction taught using PBL

Comparing the evaluation of the critical thinking skills of male and female final year trainees in building construction taught using PBL in the experiment.

The results show that the male and female students analyze, reflect, synthesis and evaluate almost the same with the male having a mean score of 52.0% while the female had a mean score of 48.0%.

3.1 Testing of hypothesis

Ho: There is no significant difference in the mean score of male and female critical thinking skill when taught using PBL in Building Construction of Vocational Training Schools of Fako Division of the South West Region in Cameroon.

Ha: There is a significant difference in the mean score of male and female critical thinking skill when taught using PBL in Building Construction of Vocational Training Schools of Fako Division of the South West Region in Cameroon.

Table 3: Comparing Overall Critical Thinking Mean Scores for Significance Differences

Method	N	Mean	Std. Deviation	Std. Error Mean	Degree of freedom (df)	T- calculated value
Male critical thinking skill	38	36.26	5.17058	.62702	48	1.799
Female critical thinking skill	12	34.41	3.95017	.69830		

At Confidence interval of 95% and at df of 48, t-critical value is 1.960, P= 0.641>0.05, Mean difference= 1.85

Statistically, the results showed that the mean achievement score for the critical thinking skill for both the male and female final year trainees taught using the problem-based learning approach does not significantly differ by gender whereby the mean achievement score for the male is 36.26 ± 0.62702 while that for the female students 34.41 ± 0.69830 . At df of 48, and 95% confidence interval, the t-calculated value is 1.799 which is less than the critical t-value of 1.960. Therefore, the hypothesis that states that there is no significant difference in the mean achievement

critical thinking score of male and female (the Null hypothesis) when taught using PBL in Building Construction of Vocational Training Schools of Fako Division of the South West Region in Cameroon was accepted meanwhile the hypothesis which say that there is a significant difference in the mean achievement critical thinking score of male and female (the Alternate) when taught using PBL in Building Construction of Vocational Training Schools of Fako Division of the South West Region was rejected.

3.2 Qualitative findings

Table 4: Teachers opinion on when PBL was first introduce, courses taught using PBL and their awareness of PBL

Teachers opinion on when PBL learning was first introduced in their Institution	What are the courses that you have experienced with PBL Approach?	Do you know actually what PBL is?
2010	Setting out	Yes
2009	Excavation	
	Foundation building	
	Elevation	

Finding out from the four teachers interviewed for the study under building construction on when PBL was first introduced in their institution, findings showed that some of them said 2009 while others said in 2010.

Based on the courses that the four teachers have taught using the PBL, findings showed that setting out was one of the courses. Excavation, foundation building and elevation are other three courses that the four teachers have taught using PBL.

Furthermore, finding out from the four interviewed trainers in building construction if they know what actually PBL is, they all said yes.

Table 5: Trainers opinion about PBL

Themes	Quotations
Enhanced interaction	"It is a good method that helps children to learn better through interaction"
Enhanced engagement	It is a method that helps learners to be more engaged in their learning".
Enhanced learning	"It helps students to learn better". "It encourages student to learn"

Based on the four trainers in building construction opinion about PBL, one of them said PBL is a good method that helps children to learn better through interaction. Another trainer said PBL is a method that helps learners to be more engaged in their learning. Furthermore, one of the trainers also said PBL helps students to learn better. Finally, one of the trainers also added that PBL encourage student to learn. From the opinions of the four trainers about PBL they said it enhanced students learning, increase their engagement as well as interaction.

Table 6: Trainers opinion on skills gain using PBL

Themes	Frequency
Problem solving	3
Critical thinking	3
Creativity	2
Communication	2
Team work skill/collaboration	2

Finding out from the four trainers what skills have they gain using PBL, problem solving and critical thinking skills were frequently mentioned followed by communication, creativity and team work collaboration skill. From this finding, it is evident that PBL has not only been beneficial to the students but, to the teachers also.

Table 7: Trainers opinion if PBL helps them to deliver new knowledge to the trainees

Themes	Quotations
Yes	"During demonstration and practical" "It helps during demonstration and practical work" "Yes, it helps while allocating them to work together". "Yes, during practical works".

Finding out from the four trainers in building construction if PBL helps them to deliver new knowledge to the trainees, they all said yes as depicted in their statements "During demonstration and practical", "It helps during demonstration and practical work", "Yes it helps while allocating them to work together". And "Yes, during practical works".

3.3 Discussion of results

The findings arrived at in this study are discussed in this section by examining the degree to which the current findings are corroborated by other research works as well as the difference that might have been observed. These findings are also linked up to the theories reviewed in the study in a bid to justify the relevance of the findings. This discussion is presented according to the specific objectives of the study.

Research question: What is the effect of Problem-Based Learning on the critical thinking skills of male and female students of Building construction of Vocational Training Schools of Fako Division of the South West Region?

Female were observed to be a demographic minority in industrial Building Construction) studies across the sampled vocational training schools. Out of the 120 respondent who completed the questionnaire only 30 were female. It was therefore deemed necessary to compare the critical thinking mean achievement score of male and female students. Critical thinking skills according to Atayo (2000) ^[16], is one of the fundamental skills in vocational training school that give birth to the other competencies therefore it was worth finding out the effect of PBL on the critical thinking skill of male and female because any teaching method or strategy is which gender bias should not be recommended for teaching (UNESCO,2000). Findings revealed that there is no significant difference in the critical thinking mean achievement of students in vocational training education. Female and male students were observed to be actively involved in their learning when taught using the problem-based learning approach. the calculated t-value for this relationship was 1.96 which was significantly low to conclude that gender is a significant factor student acquisition of competencies.

This finding relative to the critical thinking skill by gender is corroborated by Kinzie *et al.* (2010) who surveyed the critical thinking skill acquisition pattern of male and female undergraduate in different types of baccalaureate-granting institutions. Descriptive statistics and hierarchical linear modelling showed that on balance, undergraduate women participate almost the same as their male counterparts in educationally purposeful activities. Male first year and senior students devote equal time and effort to academic challenge tasks such as working hard to meet expectations and spending time studying, senior males also participated equally in active and collaborative learning activities. Amir, Saleha, Jelas, Ahmad, and Hutkemri (2014) ^[12] on their part also conducted a study aimed exploring students' involvement and competencies acquisition level in schools based on gender and age in Malaysia. Findings of the study revealed that involvement level in school differ by age but not by gender. Younger students recorded higher level of involvement as compare to elder ones. Female students reported to have the same level of involvement when compare to boys. This shows that critical skill acquisition is perceived differently by different age but the same by gender. As students grow older, they find that school activity is less interesting or fail to cater for their growth needs and hence need the school environment and teaching strategies to be motivating enough to keep them in school in order to acquire competencies.

The above reviews relative to critical thinking skill by gender confirm the observation by this study that gender is not a major factor in students acquisition of critical thinking skill in vocational training schools. The fact that female and male engage equally in the acquisition of critical thinking skill is also established but unfortunately there are very few female students in the Building Construction. Therefore, encouraging females to take up studies in vocational education and industrial studies in particular could be very good venture for the future.

4. Conclusion

In conclusion, findings of this study have shown that there is a significant strong, high and positive effect of problem-based learning on students' critical thinking skills in Building Construction of Vocational Training Schools of Fako Division of the South West Region in Cameroon. The degree of student critical thinking skills is determined by the extent of their active involvement within the learning process because it is through this that their skills are developed. This assertion is supported by the views of Fraser, Fisher and McRobbie (1996), and Hu and Kuh (2001) ^[127] and Kuh (2009) who state that learning involvement is the only true determinant of critical thinking skills in vocational schools.

4.1 Recommendations

Based on the findings derived from the study, the following recommendations were made to be implemented by stakeholders within the confines of available resources and further research data in a bid to increase students' competencies in Vocational Training Schools in Fako Division of the South West Region of Cameroon:

The Government should foster the development of skilled manpower through the supply of modern equipment required for training in Vocational training schools because this is the future of industrialization and inventions in the country. In COIC-Buea for example students of Wood work are trained using old and outdated machines which do not match up to modern technology. 21st century builders build with sophisticated machines such as gravel grinder, cement mixer etc and with this type of practice got, these students will not be able to fit into the job market and will be forced to operate by trial and error. This is especially pressing because the development needs are well-spelled out already in documents like the Growth and employment Strategy Paper.

Furthermore, they should expand the rural electrification programme so that Vocational training schools can have the possibility of conducting practical and even accessing the modern ICT learning resource in a way of simulation and modelling since as Vocational training is all about hands on training. In cases where hydro power cannot be immediately provided, alternative power sources such as the generator, or renewable energy sources like solar, bio-gas etc could be installed. At least, the solar energy costs less in terms of money and even environmental protection when compared to other sources.

In addition to this, the Government should do all to established Universities for graduates of Vocational training schools which can fine-tune their skills and specializations. The National Polytechnique in Yaoundé alone cannot handle all the graduate from Vocational training schools in Cameroon talk less of its accessibility to all willing to study.

This is a potential demotivating factor because students are stranded after obtaining the Vocational Qualification Diploma. Only those from high socio-economic background can afford to receive further training and specialization out of the country.

More to this, the Government should also ensure that the certification of teachers for Vocational training education considers the original background of the teachers. Teachers of Vocation training schools should have a background in the field of specialization so that they can effectively facilitate learning and training for students. It will be impossible for a teacher to facilitate a skill in a learner if they themselves lack such skills.

Teachers should be encouraged to include students as much as possible in the planning of learning activities because this builds their confidence and stimulate their motivation. It is also important for teachers to provide as much support as possible to students by taking personal interest in their studies, communicate realness, acceptance and encourage their efforts.

In addition to this, teachers should adopt more progressive teaching strategies which allow students to manipulate equipment's, engage in projects, do brainstorming, interact with peers, solve problems, think critically, make genuine mistakes, and above all build an inventive/discovery spirit. The teaching strategy is usually the language of the workshop and as such teachers are also encouraged to fine-tune their skills through in-service training and seminar workshops. Teachers should expand the grouping of students for learning during lessons and not limit this to workshop practice.

Teachers should be encouraged to improvise instructional materials for the benefit of their students as much as their skills allow them to do so. The localization of these learning materials has the potential of making learning more relevant to the students. Teachers should also learn to maintain the broken equipment if they can and seek help from their students where applicable. Teachers should also make the maximum use of materials and equipment's available during teaching rather than keep them some to rot. Teachers should be open to learning from more experienced colleagues who have good knowledge of the manipulation/functioning of equipment that they lack knowledge about.

While school authorities struggle to ensure that students are disciplined in school, parents should not abandon this task to the school alone. They should ensure that they keep the school-home liaison so that students can be properly followed up, and as well parents must watch out for the kinds of friends their children keep and sanction them when necessary at home. Students on their part should be encouraged to set and pursue clear learning goals because this is the only way through which they can acquire skills that will make them useful to the society.

For the Guidance Counsellors, since the problem of indiscipline, delinquencies and drug abuse are reported by teachers, school counsellors should take up the challenge of identifying these cases early in collaboration with the teacher and school administrators to provide a timely therapy to nip the danger at the bud. By so doing, the other students who are at high risk of being swayed away from their studies are also protected.

This study contributes to knowledge in that, it describes the current state of acquisition of competencies in Vocational training schools in Fako Division of the South west Region.

It highlights the keys reasons why the right strategies of teaching and learning are pressing need in Cameroon's educational system because the teaching determines and controls the quality of produce from any production unit. The study further posits that the focus should not only be on acquisition of competencies or performance but rather on the major direct determinant of competencies which is motivation to learning and the teaching strategies. The duty of educational authorities and stakeholders should therefore be to provide conditions that motivate and engage students as much as possible in learning for through this they develop the skill necessary for desired competencies.

The study also demonstrates the relevance of psychosocial support to students' learning. The precondition to effective learning is not actually intellectual readiness but psychological readiness and the social interactions that take place in the classrooms and workshops. The amount of appropriate teaching strategies and resources utilized may be of no significant use if the teacher does not believe in the learner and vice versa. The teaching process from this study should be holistic through teachers' effort to adopt an eclectic use of both technical support and psychosocial support strategies.

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