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Preparation of Smart Packaging Film based on Cassava Starch and Natural Dye from *Uncaria Gambir* Hunter Leaves

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Abstract

In this research, we reported the fabrication of packaging film based on cassava starch as a matrix crosslink with polyvinyl alcohol as filler we blended with natural dye from *Uncaria Gambir* extract. *U. Gambir* in small amounts can reduce the thickness of the film and be spread evenly distributed in the film structure. The study of moisture content in the Starch/PVA-*U. Gambir* film, is inversely

proportional with the amount of *U. Gambir*. On the other hand, the solubility in water is directly proportional with the amount of *U. Gambir*. Based on the result of this research. Starch/PVA-*U. Gambir* film has the potential to be utilized as smart packaging film since it gives different responses toward acid-base condition.

Keywords: *Smart Packaging Film*, Natural Dye, *Uncaria Gambir*, Cassava Starch, Polyvinyl Alcohol

Introduction

Uncaria gambir is one of Indonesia's export commodities in the plantation sector. Based on its phytochemical content, *U. gambir* contains flavonoids, catechins, tannins, and alkaloids (Amir *et al.*, 2012)^[1]. This compound has high economic value because it is used as a raw material for the pharmaceutical industry (mouthwash and wound healing), cosmetics, leather tanning, dyes, and food industry ingredients (Lemmens, Wulijarni and Wageningen, 1991; Dhalimi, 2006)^[8, 4]. In its development, gambier export commodities are still dominated by raw materials such as leaves and twigs. Diversification and processing of gambier plants towards downstream products that can increase added value has not been implemented optimally (Dhalimi, 2006)^[4].

One diversification of gambier processing is making smart packaging is making smart packaging film using natural dyes. Natural dyes have various advantages compared to synthetic dyes, namely they are abundant, cheap, non-toxic, and safe to use. Various natural dye-based compounds that can be used are chlorophyll, anthraquinones, flavonoids, carotenoids, indigoids, and so on (Mansour, 2018)^[13]. These dye-based compounds are interactive indicators which could react with food products that contain metabolite compounds. This reaction provides a color change and can be used to indicate food quality and freshness (Arvanitoyannis and Stratakos, 2012; Jiang *et al.*, 2020)^[2, 6].

Generally, natural polymers are used as the matrix of the film. Some natural polymers used in making packaging films include chitosan (Yong *et al.*, 2019)^[21], starch (Stoll *et al.*, 2016; Lucchese *et al.*, 2018; Qin *et al.*, 2019)^[16, 11, 14], and cellulose (Ma and Wang, 2016)^[12]. Among these three materials, starch is the material that has the best characteristics to be used as a film matrix. This is because starch has high stability to heat, as well as acidic and alkaline conditions. However, starch couldn't stand alone if being used as a material for making packaging film, it will have disadvantages, namely low mechanical strength (Toro-Márquez, Merino and Gutiérrez, 2018)^[17]. Hence, the addition of other biodegradable materials is needed to overcome these physical and functional drawbacks. One alternative material that can be used is polyvinyl alcohol (PVA), a hydrophilic, water-soluble, non-toxic, and biocompatible biodegradable polymer. The combination of starch/polyvinyl alcohol in packaging film can produce films with good transparency (Cano *et al.*, 2016)^[3], non-toxic, renewable, and biodegradable (Lu, Xiao and Xu, 2009; Rezaei, Nasirpour and Fathi, 2015)^[10, 15].

This research developed natural dye from *U. gambir* as an interactive indicator in smart packaging films. The mass variations of anthocyanin extract that were carried out are 0, 1, 1.5, and 2 (g). Those mass variations were conducted to determine the effect of mass added of *U. gambir* extract on the characteristics of smart packaging film such as thickness, tensile strength, elasticity, and water content. The utilization of a matrix in the form of cassava starch and PVA in this research is expected to

improve the mechanical properties so that it has good performance when applied to smart packaging film.

Experimental

Materials and chemical reagents

Dried leaves of *Uncaria gambir* were obtained from South Sumatra, Indonesia. Cassava starch was obtained from the oro-oro dowo market in Malang, Indonesia. Ethanol (99.6%) was purchased from Smart-Lab Company, in Indonesia. Glycerol (99%) hydrochloric acid (HCl, 36-38%), and Polyvinyl alcohol were purchased from Merck, Germany. The other reagents were of analytical grade.

Instrumentals

This study used several tools to do the experiments for instance scale, thermometer, electric heater, erlenmeyer, pH indicators, rotary evaporator, volume pipette, magnetic stirrer, beaker glass, FTIR, Tensile strength, and elongation test.

Extraction of *U. Gambir*

Dry leaves of *U. gambir* (100 g) were extracted twice with 250 mL of 80% ethanol solution containing 0.5 % HCl (v/v) at 4 °C for 24 h. The filtrate was centrifuged at 4000 g for 15 min and the supernatant was combined, and concentrated with a rotary evaporator by IKA-RV-8-Basic under pressure to obtain *U.gambir* extract.

The Preparation of pure starch/PVA film

Starch (2 g) and PVA (1 g) were incorporated into distilled water (100 mL). The suspension was heated on a hot plate with a magnetic stirrer at 80 °C and 500 rpm for 1 h until gelatinization. Then, 1 (w/w) % of glycerol was mixed with starch/PVA solution for 30 min. Finally, the solutions were degassed and cast into a Plexiglas plate (20 cm x 20 cm) and dried for 48 h at 40 °C.

The Preparation Starch/PVA-UG film

The dried UG extract was mixed with 100 mL of distilled water and stirred at 50 °C for 30 min on a magnetic stirrer at 500 rpm. The suspension was centrifuged at 4000 g for 15 min to obtain a pure UG suspension. The starch (2 g) and PVA (1 g) were added into the pure UG suspension and then dissolved at 80 °C using a magnetic stirrer at 500 rpm for 1 h. Furthermore, 1(w/w) % of glycerol was mixed with starch/PVA solution for 30 min. The film-forming solutions were similarly dried in a drying oven for 48 h at 40 °C. Before characterization, all dried films were stored in a desiccator with a relative humidity of 50%. The samples were prepared with UG 1, 1.5, and 2 g, respectively.

Film thickness and moisture content

Film thickness was measured by digital micrometer at randomly selected 10 points on each film. The moisture content of the film (approximately 50 mg) was determined by measuring the weight loss of the film upon drying at 105 °C until the weight is constan. Three times replicates were performed for each sample. Moisture content (%) was calculated by the following equation:

$$\text{Moisture content (\%)} = \frac{(M_i - M_t)}{M_i} \times 100$$

Where M_i and M_t presented the weights of the film sample before and after drying, respectively.

Mechanical properties

The film sample was cut into a rectangular piece (6 cm x 1 cm) and measured on a Stograph VG10-E with an initial distance of 4 cm and a testing speed of 2 mm/s. Each test was repeated at least six times. The tensile strength was calculated by the following equation:

$$\text{Tensile strength} = \frac{F}{X \times W}$$

Where F was the maximum stretching strength (N), x was the film thickness (mm), and W was the width of film piece (mm).

Furthermore, elongation at break was calculated by the following equation:

$$\text{Elongation at break (\%)} = \frac{L_r - L_o}{L_o} \times 100$$

Where L was the elongation at the moment of rupture (mm), and L_o is the initial length of the film piece (mm).

Results and Discussion

The Preparation Starch/PVA-UG film

Each powder of *U. gambir* with mass variations of 1, 1.5, and 2 (g) was mixed with 100 mL of distilled water. The solubility of dry *U. gambir* powder in water is very low, so a stirring process is required at a temperature of 50 °C for 30 minutes using a magnetic stirrer at a speed of 500 rpm. Further, the centrifugation process was continued at 2000 rpm for 30 minutes to obtain a pure *U. gambir* suspension. The film fabrication was carried out by mixing the *U. gambir* suspension with varying mass (1, 1.5, and 2 g) starch, and 1 g PVA dissolved at a temperature of 80 °C using a magnetic stir at a speed of 500 rpm for 1 hour until gelatinization occurred. Then, the resulting gel was added with 1% glycerol (v/v) and homogenized for 1 hour without heating. Next, the resulting gel was cast on a glass plate and dried for 48 hours at 40 °C using an oven. The results of starch/PVA-UG films with various masses can be seen in Fig1.

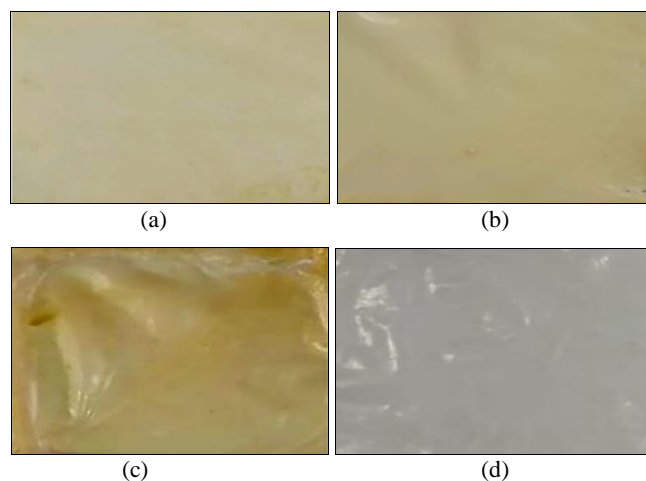


Fig 1: Starch/PVA-UG I (a), Starch/PVA-UG II (b), Starch/PVA-UG III (c), Pati/PVA (d) film

Thickness and moisture contents of starch-UG films

Thickness is an important factor that influences water vapor permeability, transparency, and tensile strength of packaging films. In Fig 2, Starch/PVA-UG II and Starch/PVA-UG III films have relatively higher thickness than Starch/PVA and Starch/PVA-UG I ($p < 0.05$). However, there was no significant difference in film thickness between Starch/PVA, Starch/PVA-UG I, Starch/PVA-UG II, and Starch/PVA-UG III. This shows that small amounts of *U. Gambir* have little impact on film thickness. Similar results were observed in *L. ruthenicum* starch extract and starch/PVA roselle film (Zhai *et al.*, 2017; Qin *et al.*, 2019)^[22, 14].

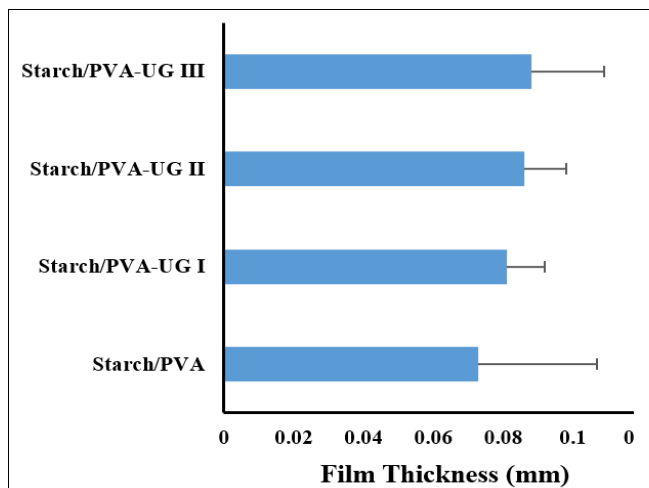


Fig 2: Film thickness of Starch/PVA-UG

U. Gambir in small amounts will be able to distribute well in the space between the starch and PVA molecules so that it can reduce the thickness of the film and more evenly induce the film structure. The moisture content of the Starch/PVA-UG films are shown in Fig 2. The moisture content of Starch/PVA-UG film decreased significantly from 26.68% to 21.65% as the content of *U. Gambir* added to the Starch/PVA mixture increased. Meanwhile, the Starch/PVA film showed a much higher moisture content of 31.47%.

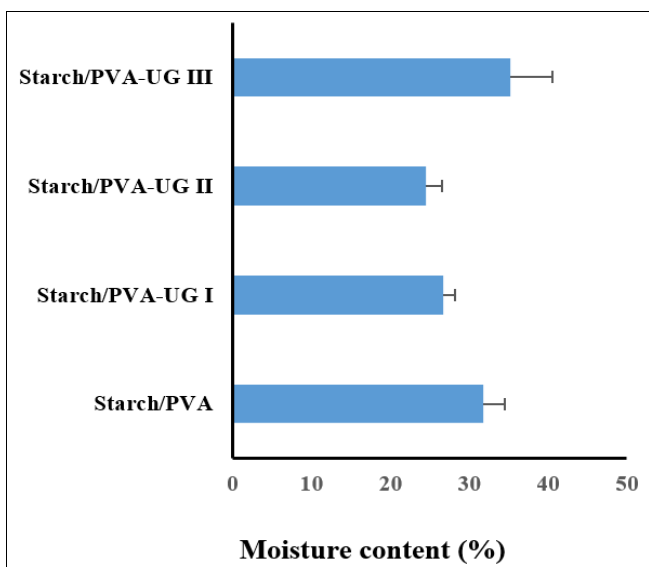


Fig 3: Moisture content of Starch/PVA-UG

This condition is due to the abundance of hydrophilic groups in starch, PVA, and *U. Gambir* molecules, especially OH groups. When *U. Gambir* was added to the Starch/PVA layer, the hydroxyl group in *U. Gambir* formed an intermolecular hydrogen bond with the hydrophilic hydroxyl groups on Starch and PVA. As a result, the interaction occurs between hydrophilic hydroxyl groups in starch/PVA, consequently, the moisture content is reduced. Therefore, the starch/PVA-UG III films have lower water content compared to the starch/PVA films (Wang *et al.*, 2013)^[18]. This is confirmed by the study of moisture content in the Starch/PVA-roselle film, which decreased significantly along with the increase in *U. Gambir*. It is also associated with the interaction between starch/PVA and *U. Gambir*, which reduces the availability of hydroxyl groups in Starch/PVA interacting with water vapor (Zhai *et al.*, 2017)^[22].

Mechanical properties of starch-UG films

Based on Fig 4 and 5, it can be seen that the presence of *U. Gambir* extract in the film affects the tensile strength and elasticity of the film. The tensile strength of the film is directly proportional with the content of *U. Gambir* in film. The starch/PVA-UG III film has the highest tensile strength and elasticity values among the others. Tensile strength enhancement of starch/PVA-UG film was caused by the abundant hydroxyl groups in the *U. gambir* extract, thereby forming hydrogen bonds with the hydroxyl groups in the starch and producing a stronger interface (adhesion) between starch, PVA, and *U. gambir* (Koosha and Hamed, 2019; Wang *et al.*, 2019)^[7, 19].

The mechanical properties of different Starch/PVA-UG films can also be seen in Fig 5. The elasticity of the film is directly proportional with *U. gambir* levels in the film. This is due to the *U. gambir* extract which contains hydroxyl groups is improve the performance of Starch and PVA. As a result, the film becomes more homogeneous, which will increase the elasticity value.

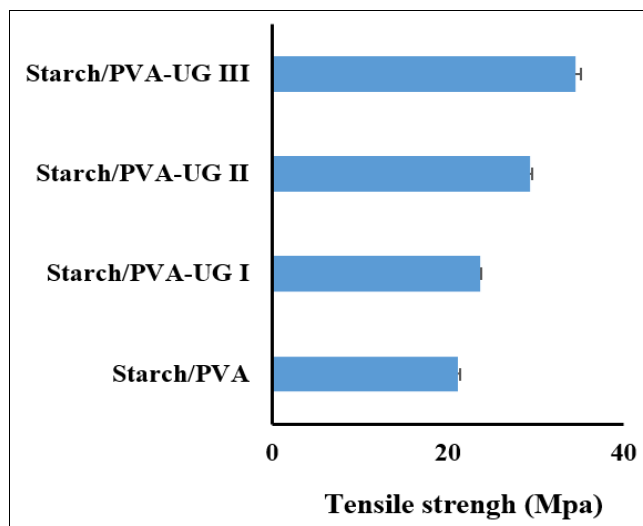


Fig 4: Tensile strength of Starch/PVA-UG film

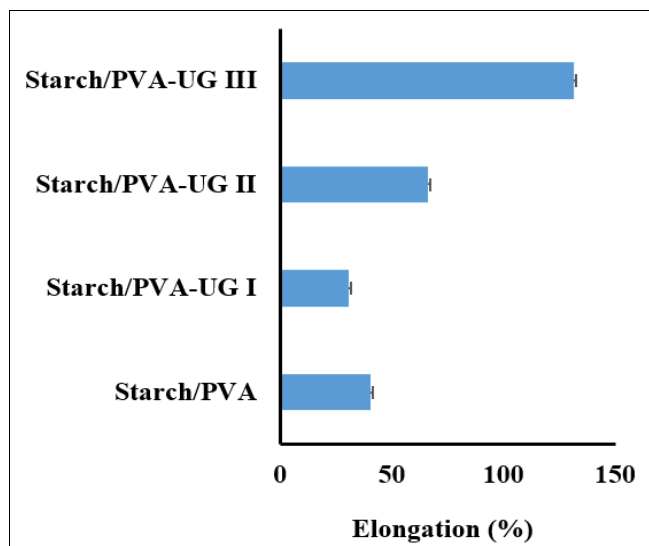


Fig 5: Elongation of Starch/PVA-UG film

Conclusion

In summary, natural dye indicators were extracted from *U. gambir* leaf and used in the fabrication of smart packaging films. The addition of various *U. gambir* extracts have affected the mechanical, thermal, water solubility, moisture content, and thickness. The concentration of extract added is directly proportional to the properties of the film, namely tensile strength, elasticity, water solubility, and thickness. The abundance of hydroxyl groups in *U. gambir* extracts forms hydrogen bonds with the hydroxyl groups in starch, PVA, and UG. In the future, starch/PVA-UG films have potential to be utilized as a freshness monitor of food in real-time.

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